

A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.



*Revs. Mark & Karen Schindler
Co-Ministers*

Ministers' Message

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Special points of interest:

- Turn Clocks Ahead
- Chaplain Orientation
- Bingo
- Zephyr Cove Retreat

2018 is an auspicious year in liturgical Christianity. For starters, the first day of Lent, also known as Ash Wednesday was on the same date as Valentine's Day. The last time that happened was in 1945. At the opposite end of the Easter season, Easter Sunday falls on April Fool's Day, another shall we say, interesting juxtaposition.

I'm sure there are some atheists and agnostics who will go after the low hanging fruit and proclaim that every Easter is April Fool's day and Christianity is the biggest hoax or prank ever pulled off because Jesus never really existed. These folks are sometimes called "mythicists" because they argue that Jesus is simply a character in an elaborate work of fiction rather than a real person in human history.

I have written and talked about this subject on several occasions and wish to state again for the record that I do not share this ideology. I do not self label as Christian so I have no agenda. Based simply on the manifest weight of all evidence available, I conclude that Jesus was a living, breathing human being who worked as an itinerant preacher and apocalyptic prophet and was executed by the Roman government approximately 30 years before the destruction of Jerusalem in 70 CE.

That does not mean that I believe the Gospel stories are factually true. One can accept the existence of Jesus as a historical figure without having to think the Gospels were meant to be a

documentary. They are a combination of history and mythology.

There is nothing wrong with Biblical mythology. In fact, developing a mythological perspective opens new doors to greater understanding of the significance of the life and teachings of Jesus. Take away the flashy stuff and what is left? More than most people realize. In fact, it adds to rather than takes away from the meaning of the stories.

What was it about him that caused people to mythologize aspects of his life? Why did they choose certain historical mythical images and stories over others? For several hundred years, early Christians understood the mythological intent. The archetypes and images were drawn from their own historical context and most people knew they were not meant to be taken literally.

As more time passed and the stories traveled farther away from their cultural roots, the myths became literal, historical events. Unity has always been a part of reversing that trend and re-mythologizing the Bible because we believe that people can handle the truth. As Bishop John Shelby Spong once said; "If one's faith has to be protected from truth, it has already died." Join us this month as we explore how Easter is still profoundly meaningful and powerful even without a literal belief in a physical resurrection.

Chaplain's Corner

Happy March! It is officially the first month of spring. More opportunities are ahead for us now as longer, lighter days are coming along with warmer weather.

One unique opportunity is available here at Unity. It is a chance to consider joining our chaplain team. March 4th will bring our group together at 11:30 a.m. (after service and fellowship.) You can join us, ask questions, and hear a nutshell version of the experience.



Donna Vetromile

Chaplain
Coordinator

I feel very blessed to be part of the chaplain team. In addition to working with a dynamic group of wonderful women, the whole experience helps me live a life aligned with my personal values. It is a way to enhance my spiritual experience in today's world. I feel like I contribute to the betterment of my corner of the planet.

Chaplain practices include:

- Maintaining a daily prayer practice of your choice.
- Creating and holding sacred space for self and others through prayer .

- Holding the high watch for congregants, seeing and affirming their divine nature in all situations.
- Listening with compassion and honoring each person's individual journey.
- Holding everything shared with strictest confidence.

We agree to certain duties, among them:

- Monthly phone calls to those on our list.
- Regularly serving as chaplain during Sunday Services.
- Visits if requested (usually infrequently).
- Attend memorial services if requested.
- Writing (or contributing to) chaplain corner articles (on a rotating basis).
- Send a service report monthly (I usually just text).
- Attend monthly meetings and annual trainings.
- Be punctual and actively participate in discussions.

I trust that you are enjoying many blessings of spring this month. Perhaps, besides smelling the flowers, you will take the opportunity to look into our chaplain program.

Sincerely,
Donna Vetromile



Social Action

The Spiritual Social Action Team at Unity of Auburn is an umbrella organization encompassing all of our outreach events and activities that work together to make a positive difference in the world and support our vision which is to co-create a world that works for all. We ask members to support the Interfaith Food Closet. They will take extras from your garden. Drop them off at 12972 Earhart Avenue, Suite 301 (behind Pacific Power) Auburn, CA 95602 or call 530-885-1921.

Adult Education



Rev. Rick Reich



“Spiritwind” is a study group for Spiritual Adventurers.

We meet every *Thursday at 6:00 p.m. Love offering accepted.*

For the month of March at Spiritwind we will be doing a series titled, “Sacred Lists of Things.” In this series, we will look comparatively at world religions in terms of their sacred lists. For example, the Christian: Father, Son, and Holy Spirit. The Hindu: Brahma, Vishnu, and Shiva. Buddhism’s Three Jewels: Buddha, Dharma, and Sangha. We will be following these lists from the ones through the twelves.



Mary Lou Banahan
Youth and Family Leader

Youth and Family Ministry

Dear Friends,

As a public school teacher, I wanted to share something our school is doing. The teachers have completed a 6 week course on Mindfulness Practices, including the importance of calming ourselves to be more present and available for those we teach and interact with. In going through this training we took the first step to embody these practices so we can teach these skills to our students. In light of the recent tragedy in Florida, I am hopeful that this will help students for their lifetime.

With guarded optimism, we are all practicing the curriculum. We know it will take time to see changes in our more troubled students but already see a difference in tension and attitude with our younger students. Our goal is to provide students with tools to deal with the struggles we all have in life.

I share this to ask you to hold us in the highest for success with the program and with our students. Please spread the information in hopes that we can build momentum for all schools to teach peace and kindness even in the face of adversity. Students today need a community that supports and loves them because they don't always get it at home.

Unitots

Sundays, 10:00 a.m.

UniKids and UniTeens

Sundays, 10:00 a.m.

Location: Youth and Family Ministry Wing

Ongoing Classes and Study Groups

Noon Prayer

Monday through Thursdays, 12:00 Noon—12:30 p.m.

Location: Upstairs in Church Office

During Noon prayer we experience various types of meditation: guided, mindful, or in the silence. We also hold the high watch for those who have placed their names and needs in our prayer chest and anyone you may be praying with. If you can't attend, pray with us wherever you are!

Yoga With Friends

Mondays, 4:00 p.m.

Bring water and a sticky mat or feel free to use a chair for gentle yoga.

A Course in Miracles

Wednesdays, 6:30 p.m.

Location: Youth and Family Ministry room

The course does not aim at teaching the meaning of love, for that is beyond what can be taught. It does aim, however, at removing the blocks to the awareness of love's presence, which is your natural inheritance. The opposite of love is fear, but what is all-encompassing can have no opposite.

Open to all. A love offering will be accepted. Facilitated by Ruth Ackerman.

12 Step Meetings at Unity of Auburn

Gold Rush Al-Anon Family Group

Mondays, 7:30 p.m.

Location: Manning Hall

Women's Courage to Change Al-Anon Family Group

(Women only; childcare available)

Tuesdays, 7:00 p.m.

Primary Purpose Narcotics Anonymous

Wednesdays, 7:30 p.m.

Location: Manning Hall

SLAA Twelve Step Group—meets in Youth room.

Thursdays, 7:00 p.m.

Chaplain Prayer Circle

Sunday, March 18, at 11:30 a.m.

Our prayer circle will now be on the third Sunday of the month. The chaplains will guide us in a 5-10 minute prayer practice focusing on using our Divine strengths to transform our desires and intentions into physical manifestation. We will stand witness for one another as we commit to take positive action.

Events and Ongoing Classes

Chaplain Orientation: Sunday, March 4th, 11:30 a.m.

What is a Unity Chaplain?

A Unity Chaplain Is:

- * Someone who supports the congregation on their spiritual journey.
- * Someone who creates and holds space with each person.
- * Someone who listens and holds what is heard in the strictest of confidence.
- * Someone who keeps a personal daily prayer practice and prays with others.



If you feel called to be a Unity Prayer Chaplain, please attend.



Daylight Savings Begins on Sunday, March 11th.
Turn your clocks ahead before bed on Saturday, March 10th.



Friday, March 16. Doors open at 5 p.m. Games start at 6 p.m.

Price of admission includes one raffle ticket and ten bingo cards. A delicious corned beef and cabbage dinner will be served for an additional price. Additional raffle tickets will be sold to win one or more of our stellar prizes!

\$25 pre-sale/\$35 at the door

Includes 10 Bingo Cards and 1 Raffle Ticket for One of Our Stellar Gifts

Door Prize! Event Prizes!

Coffee & Tea Included

Corned Beef and Cabbage, Vegetarian Shepherd's Pie, Beer, Wine & Water (Tickets sold separately)

Women's "Creative Insight" Circle
March 17th, 9:00 a.m. - 4:00 p.m.

Cost: \$25.00

Connect with other women for a day of sharing. Take some time for your self to creatively play and explore in a safe, loving, fun and reflective environment. Let the creative woman who lives inside bring you insight and greater inner-awareness.

*March Theme: The Mystery of Money ...
Letting It Flow Freely*

There will be a demo on pouring acrylics.

Eat lunch at a local eatery, bring an addition to our community salad, or bring your lunch. RSVP to: Deborah at 916-652-7709.



Location: imagePathways Gathering Place
461 Main Street, Newcastle, CA 95658

Events and Ongoing Classes(Cont.)

Frontiers of Consciousness

Monday, March 26, 6:00 p.m.

Meditation: An Altered State of Consciousness

Facilitator: Rev. Mark

The field of consciousness studies has expanded rapidly in the last 20 years; however, we seem to be no closer to finding an answer to the question of exactly what consciousness is and how it came to exist. In this class we will study the ideas and theories of leading experts in this fascinating field by watching video presentations followed by discussion.

We will continue to meet every fourth Monday until we have solved the “hard problem of consciousness.” Actually, we will probably run out of material to discuss before that happens but who knows where this might lead?

This month we start a six-part series based on Robert Wright’s book *Why Buddhism Is True*, discovering what we can learn about consciousness by applying a combination of Buddhist philosophy and meditation.



Flowers for Easter

Sign up at Unity Central if you can help Suzi Reynolds with preparing flowers for installation on the Easter display.



Zephyr Point, Lake Tahoe

June 15-17, 2018

Let’s join together as a community to explore all the activities at Zephyr Point or take time for yourself in silence and meditation. This is an opportunity to bond with our spiritual brothers and sisters.

Registration Begins February 25, 2018

Latest Registration is June 2, 2018

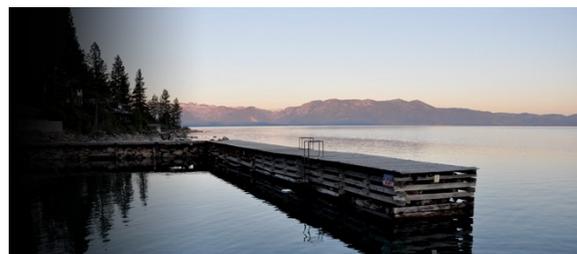
After that, there will be an additional registration fee per person of \$15

Weekend Single Occupancy Rate: \$305 per person

Weekend Double Occupancy Rate: \$205 per person

There are day passes available, too.

Note: Rooms facing the water are on a first come, first pay basis.



Message from our Board of Directors

Dear friends,

I have worked at the thrift store since it first opened and, ever since that first day, have enjoyed it. I work just one morning a week from 10:00 a.m. to 1:00 p.m.



Edna Sparkes

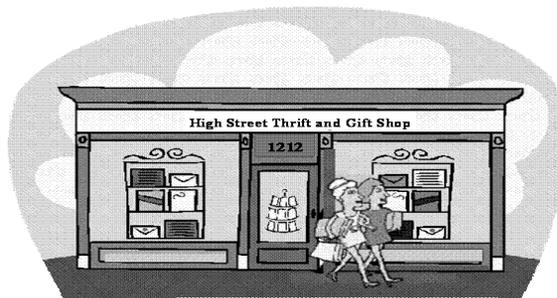
Over the past three years, the store has changed. We now have plenty of shelving so there is room for bed linens, housewares, men's and women's clothing, shoes, and jewelry.

Justene changes the theme in the store at Easter, Thanksgiving, and Christmas. I enjoy dressing the windows and displaying other goods. Justene doesn't seem to mind how I display the merchandise (so far)!

If you can spare the time to visit us (or, better still, come and join us as a volunteer) you will love it.

Blessings,

Edna Sparkes



Directors



Board of Trustees

- Shelley Rutherford.....President
- Justene Da Costa.....Vice President
- Sharon Hardie.....Treasurer
- Brennan Toohy.....Secretary
- Russ Purvis.....Member
- Edna Sparkes.....Member
- Bill Mahl.....Member
- Pat Lord.....Member

Unity of Auburn Staff

- Karen and Mark Schindler.....Co-Ministers
- Lynn Liddell.....Licensed Unity Teacher
- Marra P. Swan.....Licensed Unity Teacher
- Mary Lou Banahan.....Youth and Family Leader
- Ken Kligerman, AFM.....Keyboard/Piano
- Mary Lou Banahan.....Youth and Family Ministry Leader

Staff

Unity of Auburn March 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Noon Prayer 6:00 pm Spiritwind	2 Office Closed	3
4 10:00 am Celebration Service 10:00 am Youth and Family Ministry 11:30 am Chaplain Orientation	5 Noon Prayer Yoga 4 pm	6 Noon Prayer	7 Noon Prayer 5:00 pm Sisters 6:30 pm A Course in Miracles	8 Noon Prayer 6:00 pm Spiritwind	9 Office Closed	10
11 Daylight Savings Begins 10:00 am Celebration Service 10:00 am Youth and Family Ministry	12 Noon Prayer Yoga 4 pm	13 Noon Prayer	14 Noon Prayer 5:00 pm Sisters 6:30 pm A Course in Miracles	15 Noon Prayer 6:00 pm Spiritwind	16 Office Closed	17 9:00 am Creative Insight Circle
18 10:00 am Celebration Service 10:00 am Youth and Family Ministry 11:30 am Chaplain Prayer Circle	19 Office Closed Yoga 4 pm	20 Noon Prayer	21 Noon Prayer 5:00 pm Sisters 6:30 pm A Course in Miracles	22 Noon Prayer 6:00 pm Spiritwind	23 Office Closed	24
25 10:00 am Celebration Service Board Installation 10:00 am Youth and Family Ministry	26 Noon Prayer Yoga 4 pm 6:00 pm Frontiers of Consciousness	27 Noon Prayer	28 Noon Prayer 5:00 pm Sisters 6:30 pm A Course in Miracles			

Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

1212 High Street
Auburn, CA 95603

Phone: 530-888-6489

Email: admin@unityofauburn.com

Pray with Silent Unity: 800-669-7729

Join our Facebook pages:

Unity of Auburn

Unity of Auburn Events

Unity of Auburn-High Street Thrift and Gift

Lessons and Soloists

March 4, 2018

Talk: Why Buddhism is True: Oneness Explained Better

Soloist: Dennis Cain

March 11, 2018

Talk: Jesus and The Buddha

Soloist: Brenda Boston

March 18, 2018

Talk: Who Do You Say I Am?

Soloist: Billy Bensing

March 25, 2018

Talk: Deliver Us From Delusion

Soloist: Dennis Cain

Note: You can watch our talks on Youtube...go to unityofauburn.com, click on “*Sunday Lessons on Youtube*”.



No matter how long the winter,
spring is sure to follow.

- Proverb



To donate: Bring good quality clean items
when the shop is open.

Reduce ... Recycle ... Reuse

Check us out on Facebook : Unity of Auburn - High Street Thrift and Gift

Unity of Auburn 1212 High Street Thrift & Gift Shop

Hours Open:

Monday—Thursday 10:00am-4:00pm

Sometimes Open Fri, Sat & Sun

11:00 a.m. - 1:00 p.m.

(if we have volunteers)

We are in need of volunteers and donations!

Sign up at Unity Central