

*A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.*



*Revs. Mark & Karen Schindler  
Co-Ministers*

## *Ministers' Message*

Many people are attracted to Unity because we draw on diverse sources in support of the positive message that we send out to the world. Some might call it an interfaith approach which is essentially correct. The word Interfaith is defined as follows: “of, relating to, or between different religions or members of different religions.

Various authors who have chronicled the history of Unity have noted similarities between our teachings and Eastern religions, especially Buddhism and Hinduism. In an article published in a Unity newsletter in 1895, Charles Fillmore said: “We have been readers among all schools of thought and we find good in all of them...”

Note the intentional use of the term “schools of thought” which indicates that Charles intended to go beyond religion to encompass philosophy and the scientific method. In the language of integral theory, we would say that he transcended, or went beyond religion and still included religion realizing that all claims of truth are partial. Truth can be found in many expressions of religion and schools of philosophy but none can claim total and exclusive truth, including Unity.

To follow the approach taken by Charles Fillmore requires an open mind, curiosity, critical thinking and some study. Each time I embark on an exploration of other religious traditions I realize what a daunting task it is. Even when we confine our focus to the five “major” religions (Christianity, Buddhism, Islam, Judaism and Hinduism) it is difficult to do anything more than merely scratch the surface.

Nonetheless, some degree of understanding is essential if we ever expect to get along despite the vast differences in religious belief systems around the world. Over the

years I have read authors who have argued that all religions are essentially the same. I respectfully disagree. There may be similarities but there are also some non-negotiable beliefs that are diametrically opposed. And that’s ok.

It only becomes a problem when the differences are used to justify marginalizing or oppressing those who don’t share the same beliefs. One way to keep that from happening is by promoting the concept of religious pluralism. Rev. Jim Burklo at The Center For Progressive Christianity defines pluralism as:

“...the idea that my religion is good for me and your religion may turn out to be as good for you as mine is for me. So, pluralism is the concept that there are multiple loci of truth and salvation among the religions. Now, pluralism does not imply that all religions are the same or that all religions are equal; but it does recognize the possibility that my way is not the only way and that my religion is not necessarily superior to yours.”

This has always been a core value in Unity but that doesn’t mean that all paths are the same or are equally valid. An Islamic extremist may believe that martyrdom is a path to God but we do not have to honor, validate or accept that. On the other hand, how many people do you know who lump all of Islam into the extremist category and then reject any expression of the Islamic faith? Raising consciousness through education and exploration is the best way to approach our pluralistic religious culture and that will be our focus on Sundays in July as we explore contemporary issues in world religions.

Phone: 530-888-6489

Website: [www.unityofauburn.com](http://www.unityofauburn.com)

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### Special points of interest:

- Zephyr Thanks and Highlights
- Thrift Store Changes
- No Creative Insight Circle This Month

## Chaplain's Corner

### The Power of Imagination

Here's a message of truth from J.K. Rowling, one of my favorite authors:

"We do not need magic to change the world. We carry all the power we need inside ourselves already; we have the power to imagine better."



Becky Morgan

We can change our reality and our world through our power to act in better ways. Such actions begin with our power to \*imagine\* better ways.

"Imagination is the only weapon in the war against reality," says the author Lewis Carroll.

According to Mark Twain, it's the only weapon you need. As Mr. Twain asserts; "Reality can be beaten with enough imagination."

If our reality appears to need improving, in other words: We can wage war on that reality – and win. The idea is not to deny the appearance of reality, but to begin to transform it – in thought, speech, and action.

Appearances are limited but the universe is not. Neither is human possibility.

For effective transformation, we can make an effort to imagine only the good. We can choose to express only that which we view as good. We can live as if all that comes to us has goodness in it — and as if the good that we imagine is on its way.

According to Albert Einstein, "Imagination is

everything. It is the preview of life's coming attractions. ...

Imagination is more important than knowledge. For knowledge is limited, whereas imagination embraces the entire world, stimulating progress, giving birth to evolution. ...

Imagination will get you everywhere."

Richard Bach says: "To bring anything into your life, imagine that it's already there." That's a very strong statement about the power of our imagination, and how much power we have to bring to life what we envision.

Perhaps this power is what St. Augustine spoke of when he said, "Faith is to believe what you do not see; the reward of this faith is to see what you believe."

We have the power to believe strongly in a situation getting better, and to devote time to imagining the best ways things could turn out. We can assert faithfully that change will happen. And eventually we will begin to see our imagined outcome manifesting in our reality – for we will become inspired to take actions that will, in fact, bring about the reality we imagine.

Each of us is a source of divine energy, creating our own selves in our highest image. With our imaginative powers, we exert influence in changing the energy of the world around us for the better, as well.

So, imagine how you \*want\* your world to be. Then, hold that thought and act on it. A strong vision, carried forward with faith, is the beginning of every transformation ... and the transformation you seek begins with you.

## Youth and Family Ministry

### Unitots

Sundays, 10:00 a.m.

### UniKids and UniTeens

Sundays, 10:00 a.m.

Location: Youth and Family Ministry Wing



*There are two things we give our children. One is roots, the other is wings."*

- Jonah Salk



## Social Action

The Spiritual Social Action Team at Unity of Auburn is an umbrella organization encompassing all of our outreach events and activities that work together to make a positive difference in the world and support our vision which is to co-create a world that works for all. We ask members to support the Interfaith Food Closet. They will take extras from your garden. Drop them off at 12972 Earhart Avenue, Suite 301 (behind Pacific Power) Auburn, CA 95602 or call 530-885-1921.

## Ongoing Classes and Study Groups

**Noon Prayer**  
 Monday through Thursdays, 12:00 Noon—12:30 p.m.  
 Location: Upstairs in Church Office

During Noon prayer we experience various types of meditation: guided, mindful, or in the silence. We also hold the high watch for those who have placed their names and needs in our prayer chest and anyone you may be praying with. If you can't attend, pray with us wherever you are!

**Gentle Yoga**  
 Mondays, 4:00 p.m.  
 Location: Manning Hall

“Yoga is good for everything!” Join us with your sticky mat or, if you don't have one, we have a couple of extras.

**A Course in Miracles**  
 Wednesdays, 6:30 p.m.

Location: Youth and Family Ministry room

The course does not aim at teaching the meaning of love, for that is beyond what can be taught. It does aim, however, at removing the blocks to the awareness of love's presence, which is your natural inheritance. The opposite of love is fear, but what is all-encompassing can have no opposite.

Open to all. A love offering will be accepted. Facilitated by Ruth Ackerman.

**12 Step Meetings at Unity of Auburn**

**Gold Rush Al-Anon Family Group**  
 Mondays, 7:30 p.m.  
 Location: Manning Hall  
**Al-Ateen** same time and place.

**Women's Courage to Change Al-Anon Family Group**  
 (Women only)  
 Tuesdays, 7:00 p.m.  
 Location: Manning Hall

**Re-parenting, Recovery & Resilience—Adult Children of Alcoholics & Dysfunctional Families (ACA)**  
 Tuesdays, 6:30 p.m.  
 Location: Youth Room

**Primary Purpose Narcotics Anonymous**  
 Wednesday, 7:30 p.m.  
 Location: Manning Hall

**Chaplain Prayer Circle**  
 Sunday, July 21st, 11:30 a.m.



Our prayer circle is the third Sunday of the month. The chaplains will guide us in a 5-10 minute prayer practice focusing on using our Divine strengths to transform our desires and intentions into physical manifestation. We will stand witness for one another as we commit to take positive action.

## Adult Education



Rev. Rick Reich



“Spiritwind” is a study group for Spiritual Adventurers.

For the month of July at Spiritwind we will be "Deconstructing Philosophy of Religion" and "The Big Questions."

Spiritwind meets every Thursday at 6:00 p.m. at Unity of Auburn on 1212 High Street. Love

### Thrift Store Changes

Two of our thrift store volunteers have resigned:

Margaret Main

Nita Purvis

We would like to thank both of them for their service for so many years.

Our thrift store would not be as prosperous as it is without the time, talent and treasure they both have given to the store.

We love you, bless you and appreciate you!



### Highlights from the Zephyr Point Retreat



Winners of the Marshmallow, Spaghetti Challenge! Mike McCarty, Sharon Hardie, Donna Vetromile and Mercedes Breaux.



Sunset near the portal of prayer.



Chad Wilkins our Saturday night concert.

## *Adult Education, Cont.*

**The July Women's "Creative Insight" Circle has been cancelled. It will return in August.**



**For the summer, the Sisters will not be meeting except for birthdays once a month.**



### **FRONTIERS OF CONSCIOUSNESS**

**Monday, July 22nd, 6:00 p.m.**

***The Brain* (PBS Series)**

Facilitator: Rev. Mark



The field of consciousness studies has expanded rapidly in the last 20 years; however, we seem to be no closer to finding an answer to the question of exactly what consciousness is and how it came to exist. In this class we will study the ideas and theories of leading experts in this fascinating field by watching video presentations followed by discussion.

We will continue to meet every fourth Monday until we have solved the "hard problem of consciousness." Actually, we will probably run out of material to discuss before that happens but who knows where this might lead?

This month we will continue with the PBS series *The Brain* with Dr. David Eagleman. We are on episode three, "Who Is In Control," wherein Eagleman explores the great deception that greets us each morning when we awake: It feels as though we are in conscious control of our lives but the truth is that we are not. Instead almost every action, every decision, every belief that we hold is driven by parts of the brain we have no access to.

# Message from our Board of Directors

A Big Thanks to the following people for making our Annual Zephyr Point Retreat such a success:

Mark Schindler	Burning Bowl Ceremony Entertainment Procurement Sunday Service Served as Saturday Class Faculty
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Karen Schindler	Retreat Co-Coordinator Get Acquainted Program on Friday Evening Served as Saturday Class Faculty Sunday Service
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Sharon Hardie	Retreat Coordinator
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Suzi Reynolds	Retreat Yoga Sessions
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Natalie Kimball	Pre-registration
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Terri Enborg	Registration Support
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Donna Wood	On-Site Registration
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Elizebeth Rawson (Lizie's Lift)	On-Site Shuttle Service
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Chaplains	Prayer Circle Sunday Prayer
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# THANKS!

**Also a Big Thanks to our retreat participants!**

## Board of Directors



### Board of Trustees

- Pat Lord.....President
- Sharon Hardie.....Treasurer
- Natalie Kimball.....Secretary
- Bill Mahl.....Member
- Dave Langley.....Member
- Edna Sparkes.....Member

### Unity of Auburn Staff

- Karen and Mark Schindler.....Co-Ministers
- Marra P. Swan.....Licensed Unity Teacher
- Mary Lou Banahan.....Youth and Family Leader
- Ken Kligerman, AFM.....Keyboard/Piano

## Staff

# Unity of Auburn July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Noon Prayer 4:00 pm Yoga	2 Noon Prayer	3 Noon Prayer	4 INDEPENDENCE DAY Office Closed	5 Office Closed	6
7 10:00 am Celebration Service 10:00 am Youth and Family Ministry	8 Noon Prayer 4:00 pm Yoga	9 Noon Prayer	10 Noon Prayer	11 Noon Prayer 6:00 pm Spiritwind	12 Office Closed	13
14 10:00 am Celebration Service 10:00 am Youth and Family Ministry	15 Noon Prayer 4:00 pm Yoga	16 Noon Prayer	17 Noon Prayer	18 Noon Prayer 6:00 pm Spiritwind	19 Office Closed	20 Women's Creative Insight Circle CANCELLED
21 10:00 am Celebration Service 10:00 am Youth and Family Ministry 11:30 am Chaplain Prayer Circle	22 Noon Prayer 4:00 pm Yoga 6:00 pm Frontiers of Consciousness	23 Noon Prayer	24 Noon Prayer	25 Noon Prayer 6:00 pm Spiritwind	26 Office Closed	27
28 10:00 am Celebration Service 10:00 am Youth and Family Ministry	29 Noon Prayer 4:00 pm Yoga	30 Noon Prayer	31 Noon Prayer			

## Unity of Auburn

Offering practical, spiritual teachings  
that empower abundant and  
meaningful living!

1212 High Street  
Auburn, CA 95603

Phone: 530-888-6489

Email: [admin@unityofauburn.com](mailto:admin@unityofauburn.com)

Pray with Silent Unity: 800-669-7729

### Join our Facebook pages:

Unity of Auburn

Unity of Auburn Events

Unity of Auburn-High Street Thrift and Gift

## Lessons and Soloists

### July 2019 Talk Titles

July 7, 2019

Lesson: Contemporary Christianity

Soloist: Dennis Cain

July 14, 2019

Lesson: Buddhism Today

Soloist: Brenda Boston

July 21, 2019

Lesson: Hinduism: It's Complicated

Soloist: TBA

July 28, 2019

Lesson: Basic Islam

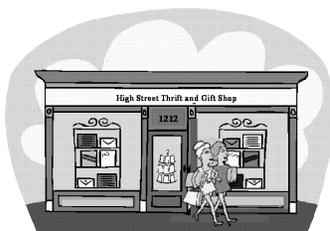
Soloist: Beth Gillogly



**For to be free is not merely to cast off  
one's chains, but to live in a way that  
respects and enhances the freedom of  
others.**

- Nelson Mandela

**June Total:**  
**\$1,313**



**May Total: \$1,894.00**

**To donate:** Bring good quality clean items when the shop is open.

*Reduce ... Recycle ... Reuse*

Check us out on Facebook : Unity of Auburn - High Street Thrift and Gift

Unity of Auburn  
**1212 High Street**  
**Thrift & Gift Shop**

Hours Open:

**Monday-Thursday 10:00am-4:00pm**

**Open Friday 10:00 am-2:00 pm**

**No Longer Open on Saturday**

**Sometimes Open Sunday**

**(if we have volunteers)**

*We are in need of volunteers and donations!*

*Sign up at Unity Central*