



A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.

Monthly Message



Rev Cherie Larkin

Deep at the Center of My Being

Continuing in the New Year of 2023, here is some sage advice from Louise Hay’s book, *You Can Heal Your Life*. I invite you to read it through once a day during our February month of love.

Deep at the center of my being there is an infinite well of love. I now allow this love to flow to the surface. It fills my heart, my body, my mind, my consciousness, my very being, and radiates out from me in all directions and returns to me multiplied. The more love I use and give the more I have to give – the supply is endless. The use of love makes me feel good, it is an expression of my inner joy.

I love myself therefore, I take loving care of my body. I lovingly feed it nourishing foods and beverages. I lovingly groom it and dress it, and my body lovingly responds to me with vibrant health, strength, energy, and beauty.

I love myself therefore, I provide for myself a comfortable home, one that fills all my needs and is a pleasure to be in. I fill the rooms with the vibration of love so that all who enter, myself included, will feel this love, and be nourished by it.

I love myself therefore, I work at a job that I truly enjoy doing or spend my day in activities that use my creative talents and abilities, working with and for people who I love and who love me and earning a good income or return of joy.

I love myself therefore I behave and think in a loving way to all people for I know that which I give out returns to me multiplied. I only attract loving people in my world for they are a mirror of what I am.

I love myself therefore, I forgive and totally release the past and all past experiences and I am free.

I love myself therefore, I love totally in the now, experiencing each moment as good and knowing that my future is bright and joyous, and secure – for I am a beloved child of the universe, and the universe lovingly takes care of me now and forever more.

And so it is. Amen.

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Special points of interest:

- **Annual Membership Meeting — February 26th**

Chaplain's Article



Natalie Kimball

Valentine's Day is upon us. A day to think about love in all its iterations. These days love is such an overused term that it is sometimes hard to find the right words to express our feelings. "I love watermelon" certainly doesn't elicit the same feelings as "I love my grandson." Nor is it meant to. The Beatles tell us "All You Need is Love"; Paul Francis Webster describes love as "A Many Splendored Thing"; Nicholas Sparks says: "the best Love is the kind that awakens the soul, that makes us reach for more, that plants fire in our hearts and brings peace to our minds."

One of my favorite definitions of what love is and is not comes from 1 Corinthians 13:4-7: "Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres."

In The Revealing Word, Charles Fillmore defines love as "the pure essence of Being that binds together the whole human family. Of all the attributes of God, love is undoubtedly the most beautiful. In Divine Mind, love is the power that joins and binds in divine harmony the universe and everything in it."

If these quotes tell us anything, it is that love is both wonderful and wonderfully important. It provides us with guiding principles, it comforts us, it makes us want to be better and it binds us to one another.

Whatever your definition of love, take some time this Valentine's Day to think about what love means to you and how you can go about expressing it more often and more freely. Let feelings of love awaken you to all its splendors including patience, truth, trust, beauty, perseverance and harmony. Seen in that light love, is indeed, all you need.

Sunday Service, Classes

Sunday Service

Sunday Service In Person and Via Facebook Live Stream. Every Sunday we will be meeting in person and via Facebook Live for our 10 AM service. Live stream link on our Facebook page <https://www.facebook.com/Unity-of-Auburn-114140051995464/>

If you do not have a Facebook account, you will need one to watch the service. This link will tell you how to create a Facebook account: <https://www.facebook.com/help/188157731232424?helpref=topq>

Frontiers of Consciousness

This class is being offered in person and on Zoom February 27, 2023. If you would like to attend, please send an email to Jacob Walker at Jacob.walker@gmail.com.

Sisters

During the winter months, Sisters is meeting every Wednesday from 1-3 pm in Manning Hall. All are welcome!



**The current book being discussed is:
How to Fly in Ten Thousand Easy Lessons by Barbara Kingsolver.
You can order it by calling Carrie at the UOA office
(530) 888-6489.**

Misc

Annual Membership Meeting
 February 26, 2023, 11-1 pm
 Manning Hall

Please join us for our annual business meeting. At this time we elect new board members, hear reports and updates, vote on a by-laws change, honor those in our church family who have passed on, renew our commitment to Unity of Auburn, and share ideas for what is ahead.



Help support for our Thrift Store. We're looking for donations of puzzles, purses, CDs, small appliances, woman's clothing and gently used or new items. Clean out for the New Year. We're Open Monday-Saturday 10-3 to take your donations!

Board of Directors



Board of Trustees

- Patty Davis.....President
- Dave Langley.....Vice President
- Natalie Kimball.....Treasurer
- Kathleen Demontigny.....Member

Staff

Unity of Auburn Staff

- Rev Cherie Larkin.....Minister
- Carrie Deterding.....Office Manager
- Mary Lou Banahan.....Youth and Family Leader

Unity of Auburn February 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Office Open 1:00 pm Sisters	2	3	4
5 10:00 am Celebration Service	6 Office Open	7 Office Open	8 Office Open 1:00 pm Sisters	9	10	11
12 10:00 am Celebration Service	13 Office Open	14 Office Open	15 Office Open 1:00 pm Sisters	16	17	18
19 10:00 am Celebration Service	20 President's Day Office Closed	21 Office Open	22 Office Open 1:00 pm Sisters	23	24	25
26 10:00 am Celebration Service 11:00 am Annual Membership Meeting	27 Office Open 6:00 pm Frontiers of Consciousness	28 Office Open				

Our Financial Picture

INCOME AND EXPENSES DEC. 2022

Income	
Love Offerings	\$ 11,361.70
Tenant Rent	\$ 1,202.90
Facility Rent	\$ 150.00
Adult Ed	\$ 98.00
AV Fund Donation	\$ 36.00
Miscellaneous	\$ 47.00
Thrift Store (Net)	\$ 2,960.17
Total Income	\$ 15,855.77
Expenses	
Building	\$ 3,652.20
Misc	\$ -
Ministry/Mission	\$ 500.00
Mortgage	\$ 2,366.67
Payroll & Payroll Taxes	\$ 6,658.88
Office Administration	\$ 643.00
Total Expenses	\$ 13,820.75
Net Adjusted Income	\$ 2,035.02

We are especially grateful to everyone who responded to our request to make offerings via PayPal, mail in, credit card and bank transfer.

Your generosity is inspiring!

And we again affirm that there are no obstacles, only opportunities as we continue to manifest the abundance that will allow us to continue our mission and make our vision a reality.

Board of Directors



Dave Langley

Dear Unity of Auburn Community,

The Unity of Auburn annual membership meeting will be taking place on Sunday, February 26, 2023, directly after our regular celebration service. These annual meetings are a time where the entire membership can discuss issues, vote on important items (this meeting we'll be voting on new board members), and further connect with our fellow UOA members. All members are encouraged to attend and let their voice be heard regarding the direction of our wonderful spiritual community.

One of the traditional new year activities is to take stock of the previous years' activities and accomplishments. The people of UOA have certainly been busy as this past year has seen a mountain of improvements and accomplishments. From new members and board applicants to greatly a expanded thrift store to updated audio/video equipment, the UOA community is active and growing. This topic will be discussed further at the annual meeting, but looking around at the improvements and activity happening at the church is a sign of our communities growth. We welcome all to come and be a part of our growing community.

With love and blessing for a wonderful and prosperous new year!

Board Vice President Dave Langley



Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

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Pray with Silent Unity: 800-669-7729

Join our Facebook pages:

- Unity of Auburn
- Unity of Auburn Events
- Unity of Auburn-High Street Thrift and Gift

Lessons and Soloists

February 2023 Talk Titles

February 5, 2023
Talk: The Spiritual Principles of Abundance
Soloist: Dennis Cain

February 12, 2023
Talk: Inspired Giving
Soloist: Melissa Olsen

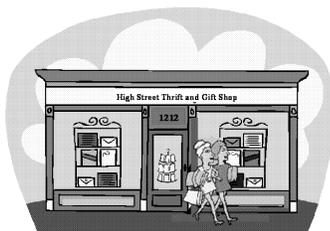
February 19, 2023
Talk: Release and Let Go ~ Lent Begins!
Soloist: Heartdream

February 26, 2023
Talk: Imagine the Possibilities
Soloist: TBD



“Where there is love in the heart, there is joy in the home”

– Unknown



Unity of Auburn

**1212 High Street
Thrift & Gift Shop**

Donations: *Now* taking donations.

*Monday, Tuesday, Wednesday, Thursday & Saturday
from 10:00a.m.-3:00p.m.*

Check us out on Facebook : Unity of Auburn - High Street Thrift and Gift